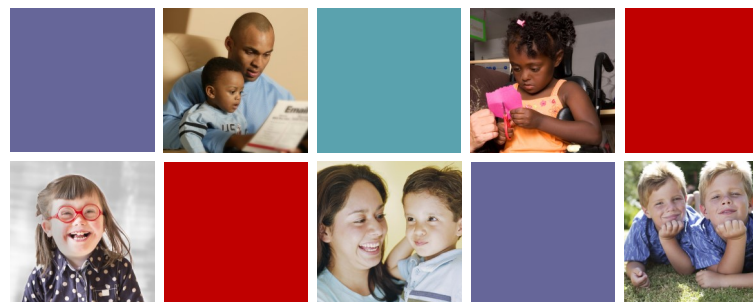




# CRITICAL CONVERSATIONS

Pediatric Mental Health in Primary Care  
 Wednesday, April 24, 2019  
 8:20am-2:45pm

Bridge View Center  
 102 Church Street  
 Ottumwa, IA 52501



## Program Agenda

Wednesday, April 24, 2019 - Conference Room 2

8:20am-8:45am	Registration and coffee
8:45am-9:00am	WELCOME AND ANNOUNCEMENTS Thomas Scholz, MD
9:00am-10:00am	ADHD AND LEARNING DISORDERS Joni Bosch, PhD, ARNP
10:00am-11:00am	DEPRESSION IN CHILDREN AND ADOLESCENTS Taylor Buckingham, MD
11:00am-11:30pm	INTRODUCTION TO THE IOWA PEDIATRIC MENTAL HEALTH COLLABORATIVE Thomas Scholz, MD Hanna Stevens, MD
11:30pm-12:30pm	Lunch and Networking ( <i>lunch will be provided</i> )
12:30pm-1:30pm	CARING FOR THE HEALTH OF IOWA'S LGBTQ+ YOUTH Eric Boyum, MD
1:30pm- 2:30pm	IDENTIFICATION AND TREATMENT OF ANXIETY DISORDERS IN CHILDREN Carissa Gunderson, MD
2:30pm-2:45pm	Closing Remarks

## Session Information

### ADHD AND LEARNING DISORDERS

Joni Bosch, PhD, ARNP - Division of Developmental and Behavioral Pediatrics  
University of Iowa Center for Disabilities and Development

#### Objectives:

1. Review two tools that can be used to diagnose ADHD
2. Describe characteristics of learning disorders
3. Review of medications used to treat ADHD

### DEPRESSION IN CHILDREN AND ADOLESCENTS

Edward Buckingham, MD - UI Department of Child and Adolescent Psychiatry

#### Objectives:

1. Recognize suicidal behavior in children
2. Identify the tools and methods to diagnose depression
3. Review treatment options available for depression and their side effects

### INTRODUCTION TO THE IOWA PEDIATRIC MENTAL HEALTH COLLABORATIVE

Thomas Scholz, MD - UI Division of Child and Community Health  
Hanna Stevens, MD - UI Department of Child and Adolescent Psychiatry

#### Objectives:

1. Review the goals and objectives of the Iowa Pediatric Mental Health Collaborative
2. Discuss trainings to develop capacity of primary care providers to treat children with mild to moderate needs within their medical home
3. Describe consultation service between primary care providers and University of Iowa Child and Adolescent Psychiatrists
4. Recommend connection with Regional Pediatric Mental Health Teams for care coordination and family to family support

### CARING FOR THE MENTAL HEALTH OF IOWA'S LGBTQ+ YOUTH

Eric Boyum, MD, Psychiatrist - Mahaska Health

#### Objectives:

1. Construct (and/or review) framework to describe variability in gender and sexuality
2. Review the developmental challenges that sexual and gender minority youth face
3. Identify how minority stress, internalized homo/transphobia, and resilience contribute to mental health outcomes in LGBTQ+ youth
4. Discuss how we might help, and how to avoid harm.

### IDENTIFICATION AND TREATMENT OF ANXIETY DISORDERS IN CHILDREN

Carissa Gunderson, MD - UI Child and Adolescent Psychiatry

#### Objectives:

1. Identify how anxiety presents at different ages
2. Discuss how to recognize, diagnose and treat anxiety disorders in children and youth
3. Review evidenced-based treatment practices for anxiety

## General Information

### STATEMENT OF PURPOSE

The purpose of this conference is to help primary care providers increase their capacity to treat children and youth with mild to moderate mental health needs within their medical home. Conference sessions will include information about identifying, assessing, and treating common child and adolescent psychiatric disorders such as ADHD, Anxiety and Depression.

### AUDIENCE

Pediatricians, Family Practice Physicians, Nurse Practitioners, Physician Assistants, Registered Nurses, Licensed Practical Nurses, and Mental Health Providers.

### LOCATION

Bridge View Center  
102 Church Street  
Ottumwa, IA 52501

Venue information and driving directions can be found at the link below:

<http://www.bridgeviewcenter.com/our-facility/>

### PARKING

Free parking is available

### CANCELLATION

To cancel your registration, contact the University of Iowa CME Office at **319-335-8599**.

### CONTINUING EDUCATION

**CME ACCREDITATION** - The University of Iowa Roy J. and Lucille A. Carver College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

**CME CREDIT DESIGNATION** - The University of Iowa Carver College of Medicine designates this live activity for a maximum of 4.5 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**CEU ACCREDITATION** - The University of Iowa College of Nursing is an Iowa Board of Nursing provider: Number 1. Full-time attendance will award 4.5 contact hours.

## Registration

### REGISTRATION FEES

This training is provided at no cost, but registration is required.

### ONLINE REGISTRATION

Register online:

<https://uiowa.cloud-cme.com/Form.aspx?FormID=669>

If you encounter difficulties while registering, please call the University of Iowa CME Office at **319/335-8599**, M-F, 8-4:30.

You will receive a confirmation email verifying your registration

### FOR MORE INFORMATION OR QUESTIONS

Contact Kafi Dixon:

Phone 319-356-3570

Email [kafi-dixon@uiowa.edu](mailto:kafi-dixon@uiowa.edu).



Division of Child and Community Health